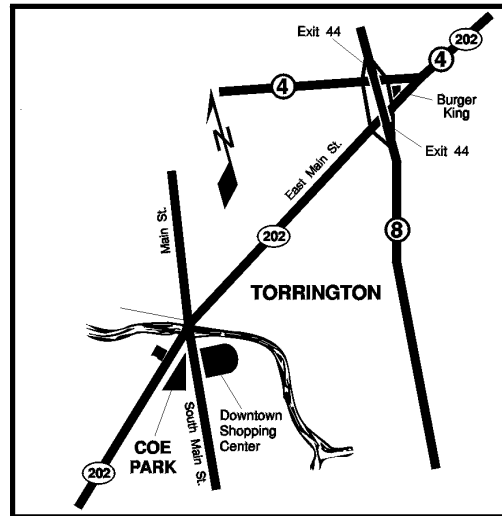


Getting Here

Race starts and finishes in Coe Park between South Main and Litchfield Street.



Past Winners

Year	Male	Female	Female	Female
2019	Might be you!	??:??	Might be you!	??:??
2019	Desmond O'Grady	30:57	Sheri Odell	33:53
2018	Malcolm Connor	26:59	Melissa Stellato	31:03
2017	Alex Norstrom	27:58	Sheri Odell	34:37
2016	Stephen Pretak	27:43	Aubrey Palmquist	40:01
2015	Chris Chisholm	28:16	Rosa Moriello	29:23
2014	Chris Chisholm	27:48	Rosa Moriello	29:30
2013	Chris Chisholm	27:56	Rosa Moriello	28:23
2012	Manoel Leal	31:56	Rosa Moriello	27:55
2011	Dan Barry	25:30	Dominique Stasulli	33:58
2010	William Sanders	25:51	Kimberly Powell	32:16
2009	Stephen Jayaraj	27:10	Emma Perron	30:42
2008	E Vance Rotich	24:22	Allyson Costa	31:55
2007	Colin Carroll	26:14	Angela Carr	31:38

RACE CONTRIBUTORS

Mount Claire Water Company
Campion Ambulance



49th Annual
Torrington
Road Race

Sunday, August 14, 2022

5 Mile Race & 2.85 Mile Walk at 10:00 AM
Registration 8:30 - 9:45

1 Mile Fun Run at 9:30 AM
Registration 8:30 - 9:25

Proceeds will benefit
Torrington Trails Network
The Charlotte Hungerford Hospital Pink Rose Fund
and other local charities



bantam wesson



in cooperation with
Torrington Park & Recreation Department
partnering with



www.torringtonrace.com

Torrington Road Race
PO Box 511
Torrington, CT 06790-0511



Divisions and Prizes

Division	Age	Finisher	
		Male	Female
1 - Junior I	14 & Younger	1 - 2	1 - 2
2 - Junior II	15 - 18	1 - 2	1 - 2
3 - Open	19 - 29	1 - 2	1 - 2
4 - Sub-Masters	30 - 39	1 - 2	1 - 2
5 - Masters I	40 - 49	1 - 2	1 - 2
6 - Masters II	50 - 59	1 - 2	1 - 2
7 - Masters III	60 - 69	1 - 2	1 - 2
8 - Masters IV	70 - 79	1 - 2	1 - 2
9 - Masters V	80 & Over	1 - 2	1 - 2

- * First overall finisher, male and female
- * First Torrington finisher, male and female
- * Maximum of 1 prize per runner
- * Additional prizes may be awarded based on entry

Winners must be present at award ceremony in order to receive prizes.

Entry Information

5 Mile Race and Walk - \$20.00 (\$35.00 after 8/1/22)
 Ages 18 & younger \$5.00
 1 Mile Fun Run (registration is required, no fee)
 Free Tee Shirts to the first 100 runners registered.

Make checks payable to and send completed entry to:

Torrington Road Race
 PO Box 511
 Torrington, CT 06790-0511

Register online at:



Active.com

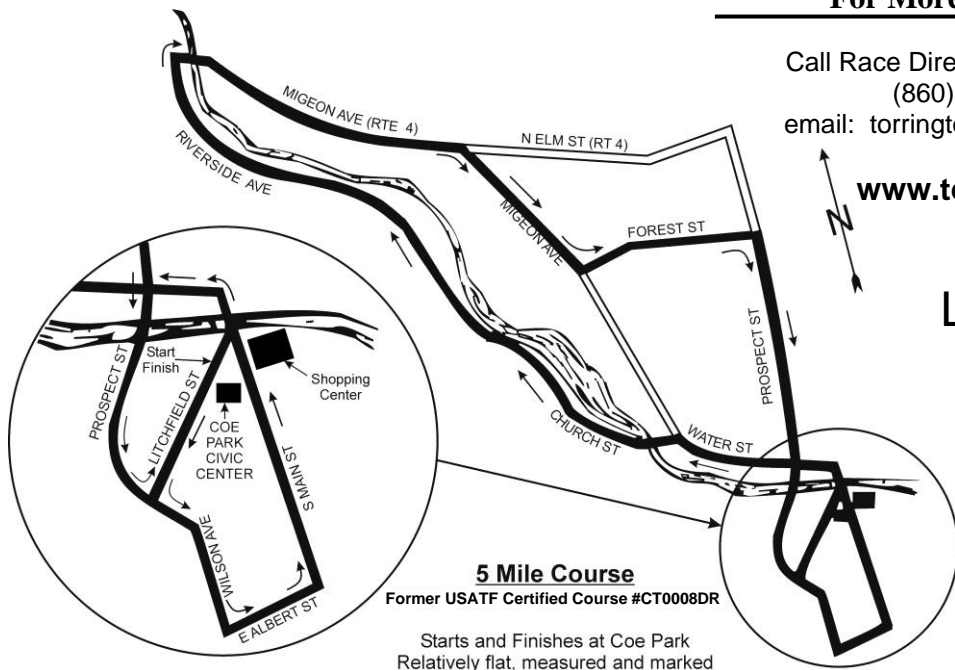
Entries are limited
 Preregistration strongly recommended.
 No refunds will be given if the event is cancelled due to severe weather or other dangerous conditions.

For More Information

Call Race Director Dean Dziedzic
 (860) 482-4425
 email: torringtonrace@gmail.com

www.torringtonrace.com

Live Music!



Official Use Only	TRR ID	Time	Place	Bib#

OFFICIAL ENTRY BLANK

Please print.

First Name										Middle Initial	

Last Name									

Address									

City									

State	Zip	Plus4	Country

AC	Phone

Email

Emergency Contact

Emergency Contact Phone

Distance (1, 5 Miles or W)	Age (as of 8/14/22)	Gender (M or F)	Shirt Size (S, M, L, XL only)

RELEASE FORM (Must be signed)

In consideration of acceptance of this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators release and discharge the Torrington Road Race, the Torrington Park and Recreation Department, the City of Torrington, the USATF and all others associated with this event from all claims, damages, rights of actions, present or future, whether the same be known, anticipated, or unanticipated, resulting from or arising out of, or incident to my participation in this event. I am aware that this event may take place in extreme heat and humidity and I certify that I am physically fit and have sufficiently trained for competition in this event and that a medical doctor has verified my physical condition. If the event is cancelled due to extreme weather, natural disaster or any other condition beyond the control of the organizer, I understand that my entry fee will not be refunded.

Signature of Participant (Parent or Guardian if under 18)



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

Bib # _____

Event Name: Torrington Road Race

Event Date(s): 8/14/2022

Event Location: Torrington, CT

Sanction #: 139685

For and in consideration of USA Track & Field, Inc. ("USA Track & Field" or "USATF") allowing me, the registrant, to participate in the USA Track & Field sanctioned event I am registering for herein (the "Event" or "Events"); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- 1. I hereby represent that (i) I am at least eighteen (18) years of age... (ii) I am in good health... (iii) I am not under the influence of alcohol...
2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous...
3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event...
4. I hereby release, waive and covenant not to sue, and further agree to indemnify, defend and hold harmless the following parties...
5. As a condition of my participation in the Event, I hereby grant USA Track & Field, the event director and host organization a limited license to use my name, likeness, image, photograph, voice, video, athletic performance, biographical and other information...

I hereby warrant that I (or the Guardian, if I am under the age of 18) am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by accepting it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have accepted this Agreement without any inducement, assurance or guarantee, and intend for my acceptance to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement.

If the participant is under the age of 18, the Guardian hereby agrees to release and discharge the Released Parties as follows: a) The Guardian acknowledges and understands that the Event is inherently dangerous and represents an extreme test of a person's physical and mental limits. Further, the Guardian acknowledges and understands the Risks, as defined above. b) The Guardian acknowledges the rights waived by both the Guardian and the participant by accepting this Agreement. c) The Guardian acknowledges that the Guardian will indemnify the Released Parties from any and all Liability which may arise out of, result from, or relate in any way to the participant's participation in the Event, except to the extent caused by the gross negligence and/or willful misconduct of any of the Released Parties.

Participant Name (or Guardian): _____ Age: _____ Date of Birth: ____/____/____ Male Female
Minor Name #1: _____ Age: _____ Date of Birth: ____/____/____ Male Female
Minor Name #2: _____ Age: _____ Date of Birth: ____/____/____ Male Female
Minor Name #3: _____ Age: _____ Date of Birth: ____/____/____ Male Female

Home Address: _____ Home Tel.: (____) _____
Team Name _____ Email Address _____

X _____ / _____ / _____
Signature of Participant or Guardian Date Signed